

## **OUTsurance 94.5Kfm Gun Run**

OUTsurance 94.5 Kfm Gun Run celebrates 20 years of record breaking accomplishments.



Sunday, 14 October, the OUTsurance 94.5 Kfm Gun Run celebrated its twentieth birthday with a record number of entries. With over 15,309, the OUTsurance 94.5 Kfm Gun Run has fast become one of Cape Town's biggest annual events.

The event has huge support from the people of the Western Cape, local dignitaries, sports stars and media personalities. Executive Mayor of Cape Town, Patricia De Lille, started the half marathon by firing the famous Cape Field Artillery four-pounder gun at 7am and local Springbok, Bryan Habana fired the cut-off gun at 10:30am.

Others who chose to enter the race are television personality Michael Mol with his son Joshua and 94.5Kfm presenters Elana Afrika and Keri Miller who completed the 5km and 10km races respectively.

This year's winner of the half marathon Xolisa Tyali from Gauteng finished in 1:03:41, one second faster than the very first winner 20 years ago. Bulelwa Simae won the women's race in 1:21:28. Gladwin Mzazi won the 10km in 29:08, with the top three men finishing in under 30 minutes. There were a small group of runners who have participated every year since the very first race back in 1993 and earned their permanent number for completing all 20.

This year the OUTsurance 94.5 Kfm Gun Run chose to support the JAG Foundation and raised R60,000 for the foundation from runners, OUTsurance, 94.5 Kfm and Atlantic Athletic Club. The Western Cape, in particular, is in a crisis situation from alcohol and drug abuse within poorer communities and this contribution will ensure that JAG Foundation's positive work continues.

Results: http://thegunrun.co.za/results-2012/

Link to Gun Run video: http://www.youtube.com/watch?v=cHWcJoctkB8&feature=youtu.be

For more, visit: https://www.bizcommunity.com